




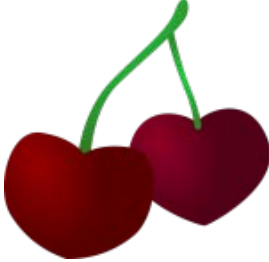


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Happy New Year!</p> <p>Centers Closed</p>	<p>2</p> <p><u>Menu 2</u></p> <p>Sliced Turkey/Gravy Whipped Sweet Potatoes Okra and Tomatoes Mandarin Oranges/Pineapple Wheat Bread Margarine Fig Bar Milk</p>	<p>3</p> <p><u>New Year's Day Meal</u></p> <p>Blended Juice Baked Ham Black-eyed Peas Cabbage and Collard Greens Cornbread Margarine Pecan Spin Milk/Buttermilk</p>	<p>4</p> <p><u>Menu 4</u></p> <p>Chopped Steak/Gravy Whipped Potatoes Glazed Carrots Fresh Fruit Wheat Bread Margarine Lime Gelatin Milk</p>	<p>5</p> <p><u>Menu 5</u></p> <p>Cranberry Juice Mesquite Chicken Drumsticks (2) Mixed Beans Green Beans/Red Peppers Texas Bread Margarine Chocolate Cake/Whipped Topping Milk</p>
<p>8</p> <p><u>Menu 6</u></p> <p>Orange Juice Ham and Potato Casserole Mixed Vegetables Applesauce Wheat Roll Margarine Marshmallow Treat Milk</p>	<p>9</p> <p><u>Menu 7</u></p> <p>Hamburger/Bun Baked Beans Coleslaw Lettuce /Onion/Tomato Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk</p>	<p>10</p> <p><u>Menu 8</u></p> <p>Cranberry Juice Chicken and Rice Casserole Green Peas Garden Vegetables Wheat Bread Margarine White Cake Milk</p>	<p>11</p> <p><u>Menu 9</u></p> <p>Tomato Juice Smoked Sausage/Bun Southwest Succotash Baked Potato Salad Diced Onions Mustard/Ketchup Lemon Pudding Milk</p>	<p>12</p> <p><u>Menu 10</u></p> <p>Meatloaf/Tomato Gravy Garlic Whipped Potatoes Mustard Greens Fresh Fruit Cornbread Margarine Cherry Gelatin Milk/Buttermilk</p>
<p>Centers Closed Government Holiday</p> 	<p>16</p> <p><u>Menu 12</u></p> <p>Orange Juice Sausage Patty (3) Cheese Grits Hot Spiced Apples Biscuit Margarine/Jelly Whole Grain Bran Flakes Milk</p>	<p>17</p> <p><u>Menu 13</u></p> <p>Baked Ham Delmonico Potatoes Turnip Greens Fresh Fruit Cornbread Margarine Marble Cake Milk/Buttermilk</p>	<p>18</p> <p><u>Menu 14</u></p> <p>Pineapple Juice Zesty Meatballs (3) Whole Grain Penne/Tomatoes Italian Green Beans Wheat Roll Margarine Strawberry Pudding Milk</p>	<p>19</p> <p><u>Menu 15</u></p> <p>Taco Salad: Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Sour Cream Orange Gelatin Milk</p>
<p>22</p> <p><u>Menu 16</u></p> <p>Blended Juice Chicken Taco Soup Mexican Rice Mixed Fruit Saltine Crackers Margarine Fudge Brownie Milk</p>	<p>23</p> <p><u>Menu 17</u></p> <p>BBQ Rib Patty Country Corn Broccoli Casserole Sliced Peaches Whole Wheat Bread Margarine Yellow Cake Milk</p>	<p>24</p> <p><u>Menu 18</u></p> <p>Grape Juice Baked Chicken Thigh Lima Beans Mixed Greens Cornbread Margarine Raspberry Gelatin Milk/Buttermilk</p>	<p>25</p> <p><u>Menu 19</u></p> <p>Spaghetti Casserole Peas and Carrots Tossed Salad/Ranch Dressing Fresh Fruit Texas Bread Margarine Assorted Snack Cakes/Cookies Milk</p>	<p>26</p> <p><u>Menu 20</u></p> <p>Apple Cherry Juice Frankfurter/Bun Baked Beans Coleslaw Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk/Chocolate Milk</p>
<p>29</p> <p><u>Menu 1</u></p> <p>Orange Juice Brunswick Stew Buttered Rice Butter Beans Saltine Crackers Margarine Fudge Round Milk</p>	<p>30</p> <p><u>Menu 2</u></p> <p>Sliced Turkey/Gravy Whipped Sweet Potatoes Okra and Tomatoes Mandarin Oranges/Pineapple Wheat Bread Margarine Fig Bar Milk</p>	<p>31</p> <p><u>Menu 3</u></p> <p>Blended Juice Vegetable Plate: Macaroni & Cheese Black-eyed Peas Collard Greens Cornbread Margarine Pecan Spin Milk/Buttermilk</p>		

FEBRUARY

ADSS NUTRITION PROGRAM



WINTER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Menu 4 1 Chopped Steak/Gravy Whipped Potatoes Glazed Carrots Fresh Fruit Wheat Bread Margarine Lime Gelatin Milk	Menu 5 2 Cranberry Juice Mesquite Chicken Drumsticks (2) Mixed Beans Green Beans/Red Peppers Texas Bread Margarine Chocolate Cake/Whipped Topping Milk
Menu 6 5 Orange Juice Ham and Potato Casserole Mixed Vegetables Applesauce Wheat Roll Margarine Marshmallow Treat Milk	Menu 7 6 Hamburger/Bun Baked Beans Coleslaw Lettuce /Onion/Tomato Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk	Menu 8 7 Cranberry Juice Chicken and Rice Casserole Green Peas Garden Vegetables Wheat Bread Margarine White Cake Milk	Menu 9 8 Tomato Juice Smoked Sausage/Bun Southwest Succotash Baked Potato Salad Diced Onions Mustard/Ketchup Lemon Pudding Milk	Menu 10 9 Meatloaf/Tomato Gravy Garlic Whipped Potatoes Mustard Greens Fresh Fruit Cornbread Margarine Cherry Gelatin Milk/Buttermilk
Menu 11 12 Cranberry Juice Breaded Chicken/Mushroom Gravy Field Peas/Snaps Parslied Carrots Wheat Bread Margarine Raisin Crème Pie Milk	Menu 12 13 Orange Juice Sausage Patty (3) Cheese Grits Hot Spiced Apples Biscuit Margarine/Jelly Whole Grain Bran Flakes Milk	Valentine's Day Meal 14 Chicken Alfredo Italian Vegetables Tossed Salad/Ranch Dressing Fresh Fruit Wheat Roll Margarine Red Velvet Cake Milk	Menu 14 15 Pineapple Juice Zesty Meatballs (3) Whole Grain Penne/Tomatoes Italian Green Beans Wheat Roll Margarine Strawberry Pudding Milk	Menu 15 16 Taco Salad: Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Sour Cream Orange Gelatin Milk
 Centers Closed	Menu 17 20 BBQ Rib Patty Country Corn Broccoli Casserole Sliced Peaches Whole Wheat Bread Margarine Yellow Cake Milk	Menu 18 21 Grape Juice Baked Chicken Thigh Lima Beans Mixed Greens Cornbread Margarine Raspberry Gelatin Milk/Buttermilk	Menu 19 22 Spaghetti Casserole Peas and Carrots Tossed Salad/Ranch Dressing Fresh Fruit Texas Bread Margarine Assorted Snack Cakes/Cookies Milk	Menu 20 23 Apple Cherry Juice Frankfurter/Bun Baked Beans Coleslaw Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk/Chocolate Milk
Menu 1 26 Orange Juice Brunswick Stew Buttered Rice Butter Beans Saltine Crackers Margarine Fudge Round Milk	Menu 2 27 Sliced Turkey/Gravy Whipped Sweet Potatoes Okra and Tomatoes Mandarin Oranges/Pineapple Wheat Bread Margarine Fig Bar Milk	Menu 3 28 Blended Juice Vegetable Plate: Macaroni & Cheese Black-eyed Peas Collard Greens Cornbread Margarine Pecan Spin Milk/Buttermilk		

MARCH

ADSS NUTRITION PROGRAM

WINTER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>March is National Nutrition Month! Eat Right!</p> 			<p><u>Menu 4</u> 1</p> <p>Chopped Steak/Gravy Whipped Potatoes Glazed Carrots Fresh Fruit Wheat Bread Margarine Lime Gelatin Milk</p>	<p><u>Menu 5</u> 2</p> <p>Cranberry Juice Mesquite Chicken Drumsticks (2) Mixed Beans Green Beans/Red Peppers Texas Bread Margarine Chocolate Cake/Whipped Topping Milk</p>
<p><u>Menu 6</u> 5</p> <p>Orange Juice Ham and Potato Casserole Mixed Vegetables Applesauce Wheat Roll Margarine Marshmallow Treat Milk</p>	<p><u>Menu 7</u> 6</p> <p>Hamburger/Bun Baked Beans Coleslaw Lettuce /Onion/Tomato Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk</p>	<p><u>Menu 8</u> 7</p> <p>Cranberry Juice Chicken and Rice Casserole Green Peas Garden Vegetables Wheat Bread Margarine White Cake Milk</p>	<p><u>Menu 9</u> 8</p> <p>Tomato Juice Smoked Sausage/Bun Southwest Succotash Baked Potato Salad Diced Onions Mustard/Ketchup Lemon Pudding Milk</p>	<p><u>Menu 10</u> 9</p> <p>Meatloaf/Tomato Gravy Garlic Whipped Potatoes Mustard Greens Fresh Fruit Cornbread Margarine Cherry Gelatin Milk/Buttermilk</p>
<p><u>Menu 11</u> 12</p> <p>Cranberry Juice Breaded Chicken/Mushroom Gravy Field Peas/Snaps Parslied Carrots Wheat Bread Margarine Raisin Crème Pie Milk</p>	<p><u>Menu 12</u> 13</p> <p>Orange Juice Sausage Patty (3) Cheese Grits Hot Spiced Apples Biscuit Margarine/Jelly Whole Grain Bran Flakes Milk</p>	<p><u>Menu 13</u> 14</p> <p>Baked Ham Delmonico Potatoes Turnip Greens Fresh Fruit Cornbread Margarine Marble Cake Milk/Buttermilk</p>	<p><u>Menu 14</u> 15</p> <p>Pineapple Juice Zesty Meatballs (3) Whole Grain Penne/Tomatoes Italian Green Beans Wheat Roll Margarine Strawberry Pudding Milk</p>	<p><u>Menu 15</u> 16</p> <p>Taco Salad: Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Sour Cream Orange Gelatin Milk</p>
<p><u>Menu 16</u> 19</p> <p>Blended Juice Chicken Taco Soup Mexican Rice Mixed Fruit Saltine Crackers Margarine Fudge Brownie Milk</p>	<p><u>Menu 17</u> 20</p> <p>BBQ Rib Patty Country Corn Broccoli Casserole Sliced Peaches Whole Wheat Bread Margarine Yellow Cake Milk</p>	<p><u>Menu 18</u> 21</p> <p>Grape Juice Baked Chicken Thigh Lima Beans Mixed Greens Cornbread Margarine Raspberry Gelatin Milk/Buttermilk</p>	<p><u>Menu 19</u> 22</p> <p>Spaghetti Casserole Peas and Carrots Tossed Salad/Ranch Dressing Fresh Fruit Texas Bread Margarine Assorted Snack Cakes/Cookies Milk</p>	<p><u>Menu 20</u> 23</p> <p>Apple Cherry Juice Frankfurter/Bun Baked Beans Coleslaw Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk/Chocolate Milk</p>

<p><u>Menu 1</u> Orange Juice Brunswick Stew Buttered Rice Butter Beans Saltine Crackers Margarine Fudge Round Milk</p>	<p>26</p> <p><u>Menu 2</u> Sliced Turkey/Gravy Whipped Sweet Potatoes Okra and Tomatoes Mandarin Oranges/Pineapple Wheat Bread Margarine Fig Bar Milk</p>	<p>27</p> <p><u>Menu 3</u> Blended Juice Vegetable Plate: Macaroni & Cheese Black-eyed Peas Collard Greens Cornbread Margarine Pecan Spin Milk/Buttermilk</p>	<p>28</p> <p><u>Easter Theme Meal</u> Orange Juice Glazed Ham Au Gratin Potatoes Peas and Carrots Wheat Roll Margarine German Chocolate Cake Milk</p>	<p>29</p> <p>30</p> <div data-bbox="1730 71 1944 237" data-label="Image"> </div> <p data-bbox="1730 240 1944 279">Happy Easter!</p>
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