

Please Help Stock the Meals on Wheels Food Pantry

It's as easy as shopping on online!



Simply scan this QR code with your phone's camera to see our **Amazon Wishlist** and select **"MOW Gift Registry Address"** for delivery.



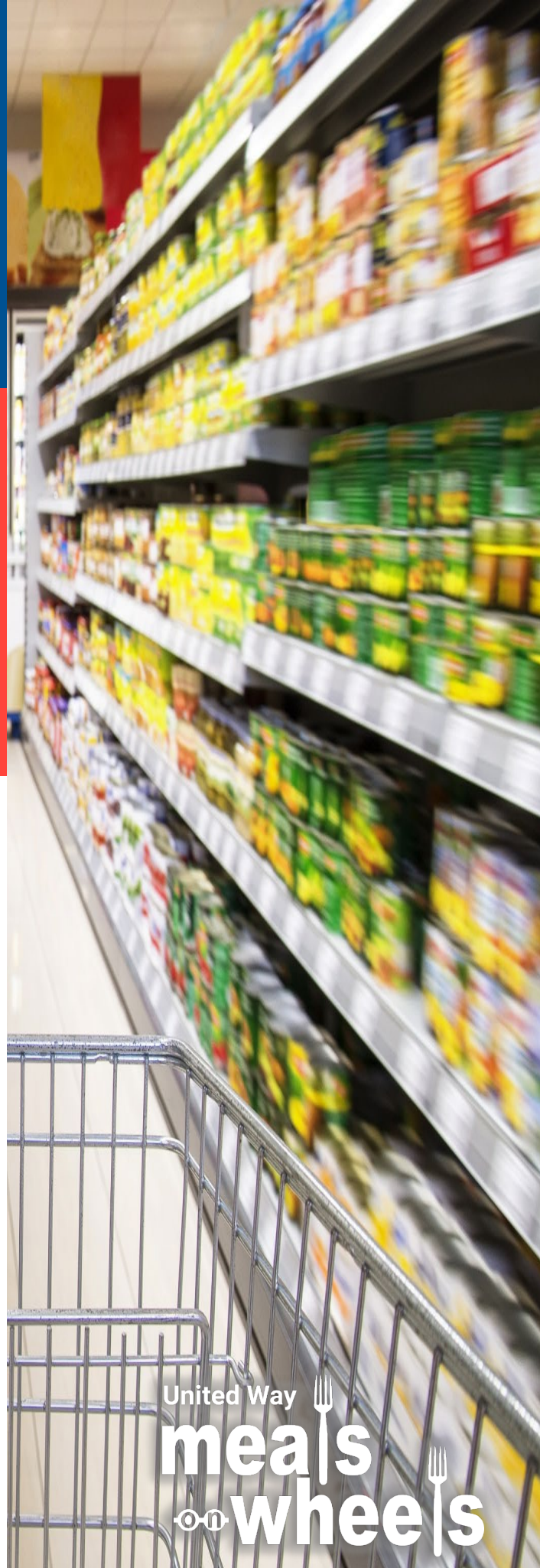
Or just add us to your grocery list.

Picking up a few extra items can make a big difference in a homebound senior's life.

Suggested Items:

- Ensure or Boost
- Oatmeal
- Canned Soup
- Tuna Pouches
- Peanut Butter
- Canned Vegetables
- Canned Fruit
- Macaroni & Cheese Cups
- Hormel Compleats
- Rice Pouches or Cups
- Snack Crackers
- Soft Cereal Bars
- Toiletries

Please email mow@uwca.org to schedule drop-off.



United Way
meals
wheels