MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Happy New Year!	Menu 4 BBQ Chicken/Bun Yellow Corn Diced Sweet Potatoes Applesauce Animal Crackers Milk/Chocolate	Menu 5 Grape Juice Meatballs (5 each)/Marinara Sauce Spaghetti Noodles with Marinara Sauce Steamed Green Peas Texas Bread White Cake Milk Margarine
Menu 6 Orange Juice Three Bean & Beef Chili Brown Rice Carrots Saltine Crackers (4 crackers) Nutty Buddy Milk Margarine	Menu 7 Seasoned Chicken Thigh Diced Potatoes with Bell Peppers Zucchini & Stewed Tomatoes Whole Wheat Bread Peaches Yellow Cake Milk Margarine	Menu 8 Ham Macaroni and Cheese Turnip Greens Black-eyed Peas Combread Pineapple Sugar Cookie Milk/Buttermilk Margarine	Menu 9 Broiled Beef Patty/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Apple Cobbler Milk/Chocolate Milk Mayonnaise/Mustard/Ketchup	Menu 10 Blended Fruit Juice Apple Glazed Chicken Breast Scalloped Potatoes Italian Flat Beans Wheat Bread Fudge Round Milk Margarine
Menu 11 Orange- Pineapple Juice Chicken and Rice Casserole Rutabaga Mixed Vegetables Dinner Roll White Cake Milk Margarine	Menu 12 Orange Juice Sausage Patties (2) Cheese Grits Cranberry Applesauce Biscuit Waffle Grahams Milk/Chocolate Margarine	Menu 13 Beef Tacos Seasoned Ground Beef Shredded Lettuce/Cheese/Tomatoes Pinto Beans Com Tortilla Scoops Mandarin Oranges Milk Taco Sauce/ Sour Cream	Menu 14 Beef Hot Dog/Bun Baked Beans Cole Slaw Potato Chips Onion Peach Cobbler Milk Mayonnaise/Mustard/Ketchup	Menu 15 Grape Juice Sliced Meatloaf/Onion Gravy Red Beans and Rice Collard Greens Combread Vanilla Pudding Milk/Buttermilk Margarine
Happy Holiday	Menu 17 Cacciatore Chicken Breast Garlic Mashed Potatoes Buttered Spinach Wheat Bread Rice Krispy Treat Fresh Fruit Milk Margarine	Menu 18 Beef Stroganoff Italian Flat Beans Squash Medley Dinner Roll Peaches and Pears Chocolate Chip Cookie Milk/Chocolate Margarine	Menu 19 Blended Juice Turkey Tetrazzini California Blend Vegetables Wheat Bread Fresh Fruit Lemon Pudding Milk Margarine	Menu 20 Orange-Pineapple Juice Seasoned Chicken Drum Mixed Greens Creamed Corn Combread Chocolate Cake Milk/Buttermilk Margarine
Menu 1 Pork Chop Patty/Mushroom Gravy Roasted Butternut Squash Black-eyed Peas Fresh Fruit Wheat Bread Apple Spice Cookie Milk Margarine	Menu 2 Orange Juice Vegetable Stew Parslied Rice Steamed Cabbage Wheat Bread Strawberry Fruited Gelatin Milk Margarine	Menu 3 Apple Juice Sliced Ham (2 slices) Parsley Potatoes Collard Greens Combread Oatmeal Crème Pie Milk/Buttermilk Margarine	Menu 4 BBQ Chicken/Bun Yellow Corn Diced Sweet Potatoes Applesauce Animal Crackers Milk/Chocolate	Menu 5 Grape Juice Meatballs (5 each)/Marinara Sauce Spaghetti Noodles with Marinara Sauce Steamed Green Peas Texas Bread White Cake Milk Margarine

## FEBRUARY 2020 ADSS NUTRITION PROGRAM WINTER 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu 6 Orange Juice Three Bean & Beef Chili Brown Rice Carrots Saltine Crackers (4 crackers)	Menu 7 Seasoned Chicken Thigh Diced Potatoes with Bell Peppers Zucchini & Stewed Tomatoes Whole Wheat Bread Peaches	Menu 8 Ham Macaroni and Cheese Turnip Greens Black-eyed Peas Combread Pineapple	Menu 9 Broiled Beef Patty/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Apple Cobbler	Menu 10 Blended Fruit Juice Apple Glazed Chicken Breast Scalloped Potatoes Italian Flat Beans Wheat Bread
Nutty Buddy Milk Margarine	Yellow Cake Milk Margarine  11 Menu 12	Sugar Cookie Milk/Buttermilk Margarine  12 Menu 13	Milk/Chocolate Milk Mayonnaise/Mustard/Ketchup  13 Menu 14	Fudge Round Milk Margarine  14 Menu 15
Menu 11 Orange- Pineapple Juice Chicken and Rice Casserole Rutabaga Mixed Vegetables Dinner Roll White Cake Milk Margarine	Orange Juice Sausage Patties (2) Cheese Grits Cranberry Applesauce Biscuit Waffle Grahams Milk/Chocolate Margarine	Beef Tacos Seasoned Ground Beef Shredded Lettuce/Cheese/Tomatoes Pinto Beans Com Tortilla Scoops Mandarin Oranges Milk Taco Sauce/ Sour Cream	Beef Hot Dog/Bun Baked Beans Cole Slaw Potato Chips Onion Peach Cobbler Milk Mayonnaise/Mustard/Ketchup	Grape Juice Sliced Meatloaf/Onion Gravy Red Beans and Rice Collard Greens Cornbread Vanilla Pudding Milk/Buttermilk Margarine
17	Menu 17 Cacciatore Chicken Breast Garlic Mashed Potatoes Buttered Spinach Wheat Bread Rice Krispy Treat Fresh Fruit Milk Margarine	Menu 18 Beef Stroganoff Italian Flat Beans Squash Medley Dinner Roll Peaches and Pears Chocolate Chip Cookie Milk/Chocolate Margarine	Menu 19 Blended Juice Turkey Tetrazzini California Blend Vegetables Wheat Bread Fresh Fruit Lemon Pudding Milk Margarine	Menu 20 Orange-Pineapple Juice Seasoned Chicken Drum Mixed Greens Creamed Com Cornbread Chocolate Cake Milk/Buttermilk Margarine
Menu 1 Pork Chop Patty/Mushroom Gravy Roasted Butternut Squash Black-eyed Peas Fresh Fruit Wheat Bread Apple Spice Cookie Milk Margarine	Menu 2 Orange Juice Vegetable Stew Parslied Rice Steamed Cabbage Wheat Bread Strawberry Fruited Gelatin Milk Margarine	Menu 3 Apple Juice Sliced Ham (2 slices) Parsley Potatoes Collard Greens Combread Oatmeal Crème Pie Milk/Buttermilk Margarine	Menu 4 BBQ Chicken/Bun Yellow Corn Diced Sweet Potatoes Applesauce Animal Crackers Milk/Chocolate	Menu 5 Grape Juice Meatballs (5 each)/Marinara Sauce Spaghetti Noodles with Marinara Sauce Steamed Green Peas Texas Bread White Cake Milk Margarine



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu 6 Orange Juice Three Bean & Beef Chili Brown Rice Carrots Saltine Crackers (4 crackers) Nutty Buddy Milk Margarine	Menu 7 Seasoned Chicken Thigh Diced Potatoes with Bell Peppers Zucchini & Stewed Tomatoes Whole Wheat Bread Peaches Yellow Cake Milk Margarine	Menu 8 Ham Macaroni and Cheese Tumip Greens Black-eyed Peas Combread Pineapple Sugar Cookie Milk/Buttermilk Margarine	Menu 9 Broiled Beef Patty/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Apple Cobbler Milk/Chocolate Milk Mayonnaise/Mustard/Ketchup	Menu 10 Blended Fruit Juice Apple Glazed Chicken Breast Scalloped Potatoes Italian Flat Beans Wheat Bread Fudge Round Milk Margarine
Menu 11 Orange- Pineapple Juice Chicken and Rice Casserole Rutabaga Mixed Vegetables Dinner Roll White Cake Milk Margarine	Menu 12 Orange Juice Sausage Patties (2) Cheese Grits Cranberry Applesauce Biscuit Waffle Grahams Milk/Chocolate Margarine	Menu 13 Beef Tacos Seasoned Ground Beef Shredded Lettuce/Cheese/Tomatoes Pinto Beans Corn Tortilla Scoops Mandarin Oranges Milk Taco Sauce/ Sour Cream	Menu 14 Beef Hot Dog/Bun Baked Beans Cole Slaw Potato Chips Onion Peach Cobbler Milk Mayonnaise/Mustard/Ketchup	Menu 15 Grape Juice Sliced Meatloaf/Onion Gravy Red Beans and Rice Collard Greens Cornbread Vanilla Pudding Milk/Buttermilk Margarine
Menu 16 Grape Juice Italian Chicken Pasta Salad Glazed Carrots Mixed Green Salad Italian Bread Brownie Milk Margarine Ranch Dressing	Menu 17 Cacciatore Chicken Breast Garlic Mashed Potatoes Buttered Spinach Wheat Bread Rice Krispy Treat Fresh Fruit Milk Margarine	Menu 18 Beef Stroganoff Italian Flat Beans Squash Medley Dinner Roll Peaches and Pears Chocolate Chip Cookie Milk/Chocolate Margarine	Menu 19 Blended Juice Turkey Tetrazzini California Blend Vegetables Wheat Bread Fresh Fruit Lemon Pudding Milk Margarine	Menu 20 Orange-Pineapple Juice Seasoned Chicken Drum Mixed Greens Creamed Com Cornbread Chocolate Cake Milk/Buttermilk Margarine
Menu 1 Pork Chop Patty/Mushroom Gravy Roasted Butternut Squash Black-eyed Peas Fresh Fruit Wheat Bread Apple Spice Cookie Milk Margarine	Menu 2 Orange Juice Vegetable Stew Parslied Rice Steamed Cabbage Wheat Bread Strawberry Fruited Gelatin Milk Margarine	Menu 3 Apple Juice Sliced Ham (2 slices) Parsley Potatoes Collard Greens Cornbread Oatmeal Crème Pie Milk/Buttermilk Margarine	Menu 4 BBQ Chicken/Bun Yellow Corn Diced Sweet Potatoes Applesauce Animal Crackers Milk/Chocolate	Menu 5 Grape Juice Meatballs (5 each)/Marinara Sauce Spaghetti Noodles with Marinara Sauce Steamed Green Peas Texas Bread White Cake Milk Margarine
Menu 6 Orange Juice Three Bean & Beef Chili Brown Rice Carrots Saltine Crackers (4 crackers) Nutty Buddy Milk Margarine	Menu 7 Seasoned Chicken Thigh Diced Potatoes with Bell Peppers Zucchini & Stewed Tomatoes Whole Wheat Bread Peaches Yellow Cake Milk Margarine			